

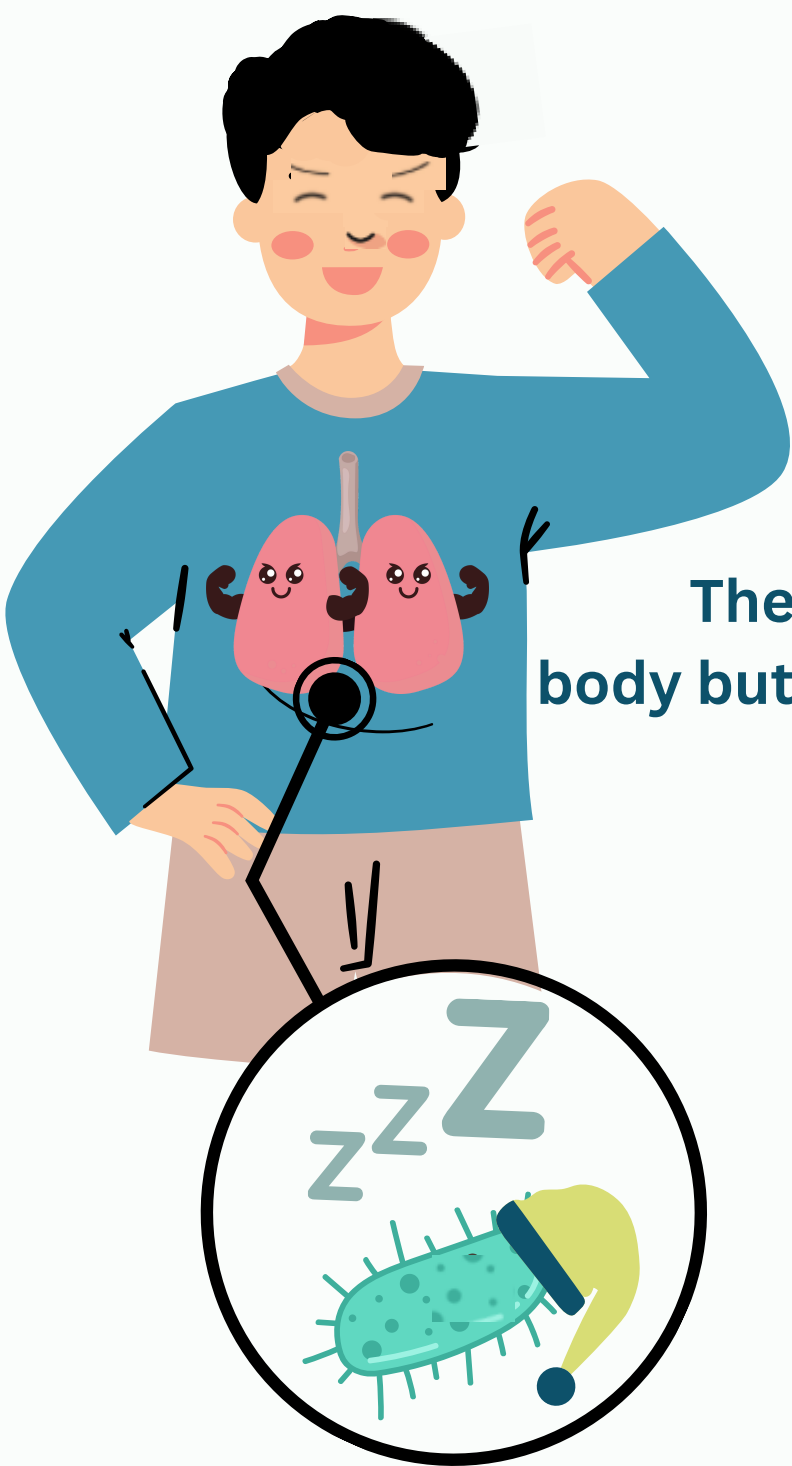
# Anyone can get tuberculosis.

It is 100% treatable.

Get **TESTED** to know your TB status.



Your TB test results do not affect your immigration status



## Latent TB Infection

I am healthy.

The TB germs are "sleeping" in my body but could "wake up" in the future.

I have no symptoms.

My chest x-ray is normal.

I am not contagious, but my latent TB could turn into active TB and make me sick.

I have a positive result on a TB blood test or skin test.

## Active TB Disease

I have a serious illness that could kill me if left untreated.

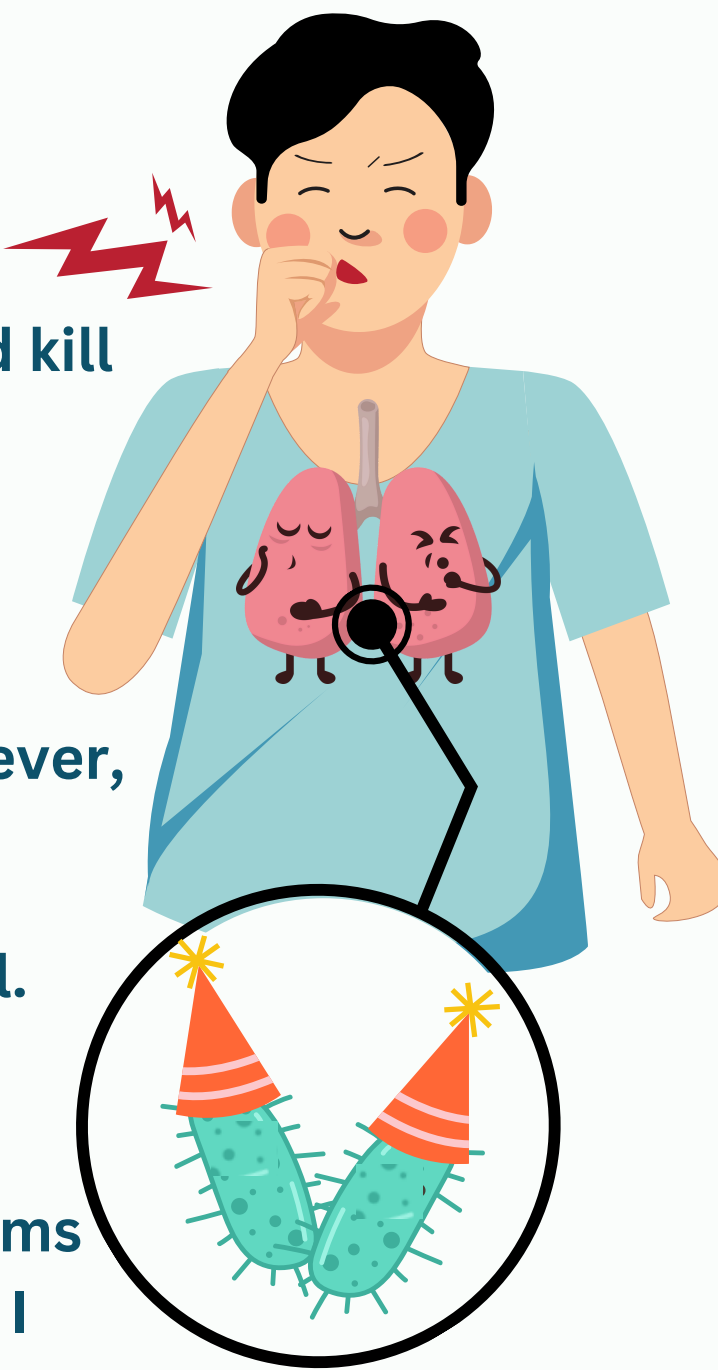
The TB germs have "woken up".

I may have symptoms - cough, fever, weight loss, night sweats.

My chest x-ray may be abnormal.

I may be contagious and could infect other people when TB germs are spread through the air when I cough, laugh or speak.

I may have a positive result on tests of my phlegm.



Source and Image Credit: <https://sntc.medicine.ufl.edu>

## KNOW THE SYMPTOMS OF ACTIVE TB DISEASE



Cough lasting 3+ weeks



Coughing up blood or sputum



Chest pain



Weakness or fatigue



No appetite



Weight loss



Fever and/or chills



Nightsweat

Information Source and Icon Credit: CDC Publication Number: 6474

### Take Action:



Call 311 and select your native language to make an appointment.



Have questions? Ask our team of doctors, social workers, and legal aid workers.

### Learn More:

QR code





“It’s important to understand that the enemy is the disease. Not the person who is the victim of it.”  
~Tenzin



“I share my story because I want people to realize that the treatment of latent TB is very important. TB is completely curable, and treatment can be difficult, but after you finish the treatment you can live a normal life.”  
~Thu



“You’re going to get through the treatment. You’re going to be okay. I think that it’s scary because we don’t know how long it’s going to be, or what the treatment is going to be, and what are the side effects. But eventually they do end. And eventually the treatment does end. And this is just a small part of your life.”  
~Kristi



"At its core, stigma about TB Disease is caused by lack of education. Fully educating TB patients and their families could potentially decrease the lack of knowledge, prejudice, discrimination, and negative stereotypes that surround TB."  
~Tye



“My son Jackson was diagnosed at 6 months old after being seen time and time again by different doctors and ER visits. After 18+ months of treatment, Jack is now a healthy and happy 2 year old.”  
~Kristine

Quote Source and Image Credit:  
<https://www.cdc.gov/tb/topic/basics/personalstories.htm>  
[https://www.currytbcenter.ucsf.edu/sites/default/files/2023-08/WeAreTB\\_9-29-20.pdf](https://www.currytbcenter.ucsf.edu/sites/default/files/2023-08/WeAreTB_9-29-20.pdf)

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